



Engagement and Disclosure

Alexander/Scot, Inc.

d/b/a The Flow Center, Valerie Grimes

5454 La Sierra Dr, Suite 202B

Dallas TX 75231

SERVICES–The Flow Center offers hypnosis services to the general public.

Many people are prevented from having a happy, satisfying life because of counterproductive habits and self-defeating beliefs. The Services are offered to the public as a form of motivational coaching combined with instruction on self-hypnosis.

The Flow Center's services are not represented as any form of health care or psychotherapy and, despite research to the contrary and by law, it makes no health benefit claims for any services.

If you are currently under the care of a health care provider you are urged to get the approval of that provider to use The Flow Center's services in conjunction with your current treatment.

1. NOTICE– THE STATE OF TEXAS HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Under Texas State law a hypnotist may not provide therapy, medical diagnosis

or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of services from a different practitioner, the client may seek such services at any time. In the event a client terminates services, the client has a right to coordinate the transfer of services to another practitioner. A client has the right to refuse hypnosis services at any time. The Flow Center will treat its clients with honor, respect, courtesy and professionalism at all times. The Flow Center Personnel will practice in accordance with the Code of Ethics of the American Council of Hypnotists Examiners (ACHE). EXCEPT FOR THE ADHERENCE TO THE CODE OF ETHICS DISCUSSED ABOVE, THE FLOW CENTER MAKES NO WARRANTY, EXPLICIT OR IMPLIED IN REGARDS TO THE SERVICES AND CAN PROMISE NO FAVORABLE OUTCOME WILL RESULT FROM THEM. YOU ACKNOWLEDGE YOU ACCEPT THE SERVICES "AS IS" AND FULLY AWARE OF THE LIMITATIONS SET FORTH IN SECTION 5 and 6.

2. INSURANCE—Health Savings Accounts (HSA) and Flex Spending Accounts cover our fees.

Medical insurance does not cover hypnosis services. In some situations, insurance will pay a portion if prescribed by a physician. It is your responsibility to check with your insurance provider for your benefits. The Flow Center does not file insurance but will furnish a receipt for services rendered with appropriate medical coding upon request.

3. CONFIDENTIALITY—The Flow Center will not release any information to anyone without a written authorization from you. You have the right to be allowed access to your written record at any time.
4. APPOINTMENT CONFIRMATION—A \$150 deposit is required to schedule your first session.
5. FEES—Fees may be paid by cash, check, Zelle or major credit card, Google and Apple Pay. You agree to pay any costs and fees, including, without limitation, collection or legal fees The Flow Center incurs in order to collect any fees you owe. We do not offer refunds for unused prepaid sessions. Returned check charges are equal to the bank fee plus a \$15 processing fee for makeup payment using a credit card.

IN PERSON MONDAY AND TUESDAY-Dallas Office

IN PERSON HYPNOTHERAPY PROGRAM FEES

Weight loss or alcohol dependency \$1800 (7 sessions) 3 payments

Nicotine Dependency \$695 (3 sessions) 2 payments

General 3 session package \$795 (individual price is \$900)

HYPNOTHERAPY INDIVIDUAL SESSION FEES

First Two-Hour Session \$450 /Subsequent \$225

CASE BY CASE BASIS and STUDENT FEES

\$250 per session

VIRTUAL MONDAY-WEDNESDAY

First Two-Hour Session \$450 /Subsequent \$225

CANCELLATION POLICY– If you miss an appointment without twenty-four (24) hours' notice a \$150 fee will be charged. If session is pre-paid, there is no refund or credit for the missed appointment. For Monday appointments, cancellations must be made Friday, by 5pm. Your time has been reserved for you and since this is the basis of our livelihood, only with sufficient notice can we make that time available to someone else. In rare instances and at our discretion, the charge for missed appointment may be waived due to circumstances that are clearly beyond your control.

I, _____ am committed to putting myself first on the TO DO list. I am now focused on my INTENTION (what I want) and the MOTIVATION (why I want it). I am ready to release the past and the counter-productive beliefs and self-defeating habits that have been in my way. I am committed to performing the home care assignments and attending my appointments as suggested. I am truthful in my conversations with my hypnotist knowing the hypnotist listens from a place of non-judgment.

AGREED AND ACCEPTED BY CLIENT

Printed Name: _____

Signature: _____

Date: _____

Updated February 6, 2025